# INNOVAZIONE E RICERCA PER LA PRATICA CLINICA

XIII Workshop Nazionale

TERAPIE INNOVATIVE DELLE EPATITI CRONICHE VIRALI E DELLE INFEZIONI VIRALI



# HDV: le nuove opzioni terapeutiche e lo scenario italiano

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Disclosures

Speakers Bureau: AbbVie, Gilead Advisory: AbbVie, Gilead, Janssen, Roche, EISAI-MSD

# HDV and HBV





- HDV uses the envelope of HBV to egress from and to reenter into hepatocytes
- Within the hepatocytes the replicative circles of HBV and HDV run completely separate pathways even if, in spite of being different for their genome (relaxed circular partially double stranded DNA for HBV and circular RNA for HDV), HBV and HDV are both maintained as episomes in the nucleus of infected cells and use the cellular machinery for the transcription of their viral RNAs
- The establishment of HBV/HDV co-infection in humanized uPA/SCID/beige (USB) mice was associated by the induction of an antiviral state in the hepatocytes, by enhancement of many genes involved in innate defense mechanisms (e.g.ISGs genes).
- The strong antiviral response caused by HDV infection could also affect HBV replication and in part expalin the lower levels of HBV replication observed in HBV/HDV coinfected patients

# **HDV replication cycle**



(ADAR1)

L-HDAg is responsible for RNP's interaction with the **HBV pre-S1 envelope proteins** which are expressed by cccDNA or integrated HBV DNA

Lucifora et al, Antivial Research 2020; Zhang Z et al J Hep 2021

# Hepatitis delta virus persists during liver regeneration and is amplified through cell division both in vitro and in vivo.

- While HBV markers rapidly dropped in proliferating PHHs, HDAg-positive hepatocytes were observed among dividing cells at all time points.
- ✓ HDAg-positive cells appeared in clusters, indicating that HDV was transmitted to daughter cells during liver regeneration even in the absence of de novo infection.

HepG2-hNTCP-RGB cells infected with HDV, passaged once, visualised in a fluorescence microscope after 7 d.



Cell clusters with the same colour are daughter cells originating from the same parental cell HDAg was stained using an anti-HDAg-pos, human serum HDV persists during liver regeneration by transmitting HDVRNA to dividing cells even in the absence of HBV coinfection

This may explain why HDV clearance is difficult to achieve in HBV/HDV patients

# Endogenous and exogenous IFN responses suppress HDV persistence during proliferation of hepatocytes in vitro

In immune deficient cell lines infected with HDV and splitted (1:6) at day 5 post infection and further splitted every 5 days, different IFNs were applied during cell proliferation.



- Both exogenously and endogenously induced IFNs (alpha and lambda) responses restrict HDV persistence during hepatocyte proliferation.
- The severe loss od HDV replicative intermediates during cell division may be explained by exposure of viral RNA to induced ISGs, that may either cause direct degradation of HDV-RNA or inhibit the restablishment of replication in the nuclei of daughter cells

# Both interferon alpha and lambda can reduce all intrahepatic HDV infection markers in HBV/HDV infected humanized mice



The effect of **peg-IFN** $\alpha$  and **peg-IFN** $\lambda$ , compared to a HBV-polymerase inhibitor (NA) on all HDV infection markers was studied using **human liver chimeric mice** 

- Peg-IFNα and peg-IFNλ reduced HDV viremia (1.4 log and 1.2 log, respectively) and serum HBsAg levels (0.9-log and 0.4-log, respectively). Intrahepatic quantification of genomic and antigenomic HDV RNAs revealed a median ratio of 22:1 in untreated mice, resembling levelsdetermined in HBV/HDV infected patients.
- Both IFNs greatly reduced intrahepatic levels of genomic and antigenomic HDV RNA, increasing the amounts of HDAg- and antigenomic RNA-negative hepatocytes.

- NA-mediated suppression of HBV replication (2.1-log) did not significantly affect HBsAg levels, HDV productivity and/or release.
- In humanized mice lacking adaptive immunity, IFNs but not NA suppressed HDV.
- Viremia decrease reflected the intrahepatic reduction of all HDV markers, including the antigenomic template, suggesting that intracellular HDV clearance is achievable.



# **Chronic Hepatitis D**

- CHD is considered the most severe form of viral hepatitis, because HBV/HDV infection is constantly associated with liver damage
- It has been estimated that the risk of cirrhosis and HCC development in case of CHD is 3 and 2 fold increased as compared to chronic hepatitis B and C
- Furthermore, the time to development of cirrhosis in CHD patients is significantly shorter as compared to CHB: 5 to 10 years in 70% of cases, but 1 to 2 years in about 15% of the patients
- Virologic factors (both HDV and HBV), modality of HDV acquisition, phase of HBV infection at the time of HDV infection and co-factors of liver disease significantly influnce the clinical course of the disease

# HDV and HBV virologic features and CHD



- ✓ GT 1 infection is associated with higher pathogenicity and lower response to IFN
- ✓ GT 2 and 4 infections had been reported in milder forms of liver disease
- ✓ GT3 infection is associated with an increased risk of fulminant hepatitis

- Persistence of HDV replication had been associated with worst prognosis
- Preliminary reports suggest that HDV-RNA serum levels correlates with disease activity and progression
- ✓ Active HBV replication is associated with worst outcome of CHD and the persistence of a transcriptional active HBV infection supports HDV pathogenicity



#### **Changing Pattern of CHD in Southern Europe**

 284 patients with CHD consecutively seen in 2 Italian regions (1 center in Piedmont, 2 centers Apulia) from 1977 to 1996



- ✓ In the second decade the prevalence of patients with clinical cirrhosis increased significantly
- In 10% of the patients with mild histology, liver function tests remained normal or borderline for up to 8 years of follow-up and none of the patients developed cirrhosis or died
- ✓ In over 90% of cases baseline histology showed severe activity or cirrhosis: the estimated time from primary infection to severe liver disease was of about 9 years, with additional 13 years before decompensation

	Total	Mild hepatitis	Severe hepatitis	Histological cirrhosis	Clinical cirrhosis	
No. of patients	159	13	73	45	28	
Follow-up (mo) <sup>a</sup>	78 ± 59	57 ± 33	98 ± 67	72 ± 52	47 ± 35	
Survival free of OLT	112 (70%)	13 (100%)	<u>58 (79%)</u>	26 (58%)	15 (54%)	
OLT	9	0	1	6	2	OLI or liver
Liver-related deaths	32	0	10 15.1%	11 37.8%	11 46.4%	<b>J</b> related death
Non-liver-related deaths	6	0	4	2	0	

#### Survival Free of OLT according to baseline liver histology or Clinical Characteristics of the patients

#### HDV coinfection over a 20 year observation period

1798 chronic HBsAg positive individuals (828 first decade, 970 second decade)



- 126 (7%) patients were anti-HDV positive, of whom 25 were also anti-HCV positive.
- 46.8% of the HBV/HDV coinfected patients were non-Italian natives, their prevalence increased significantly in the second decade, from 31.7% to 60.6% (P=0.002)
- Non-Italian natives were younger (34.6 vs 50.8 years, P<0.001) and with a higher prevalence of female gender (49.2% vs 26.9%, P=0.017)
- 13.5% of anti-HDV patients were HDV-RNA negative (35.3% previous or ongoing IFN treatment).
- 76.1% and 71.2% of Italian and non-Italian HBV/HDV coinfected patients had cirrhosis (P=0.671).
- Non-Italian HBV/HDV cirrhotic patients were younger than Italian HBV/HDV cirrhotics [37.8 vs 51.8 years (P<0.001)].

#### **HDV infection in Tuscany**



0

D

+ Perugia

#### Tutti i Centri: 99 anti-HDV positivi su 3848 HBsAg positivi





### Caratteristiche demografiche anti-HD positivi (99 pz)







#### **HDV infection in Italy**





# EASL 2017 Clinical Practice Guidelines on the management of hepatitis B virus infection $\stackrel{\star}{\sim}$

European Association for the Study of the Liver\*

- PegIFNα for at least 48 weeks is the current treatment of choice in HDV-HBV co-infected patients with compensated liver disease (Evidence level I, grade of recommendation 1).
- In HDV-HBV co-infected patients with ongoing HBV DNA replication, NA therapy should be considered (Evidence level II-2, grade of recommendation 1).
- PegIFNα treatment can be continued until week 48 irrespective of on-treatment response pattern if well tolerated (Evidence level II-2, grade of recommendation 2).

# **Interferon and Peg-Interferon in CHD**

- ✓ Interferon was **introduced** for the treatment of CHD in the '80s
- A major limitation for an accurate evaluation of the virological efficacy of treatment was the lack of standardized assays to detect HDV-RNA and the high variability of their sensitivity
- Therefore, the results of the different studies, where small number of patients were enrolled, were poorly comparable



- Usually, SVR was defined by undetectable HDV-RNA
  6 months after the end of therapy
- However, high relapse rates were reported by long term follow-up studies
- Nevertheless, long term follow-up demonstrated
  better clinical outcomes in patients who maintained
  SVR
- Prolonged admistration of Peg-IFN does not reduce the relapse rate, but it is associated with histological improvement

### **Peg-IFN in monotherapy or with NA in CHD** (HIDIT-1 and 2 trials)

- > On treatment virologic response (**undetectable HDV-RNA**) in **17-48%** of the patients
- At 24 weeks post treatment discontinuation persistence of virologic response (undetectable HDV-RNA) in 25% of the patients, with later relapses in over 50% of responders
- $\succ$  HBsAg loss in about 10% of the patients  $\rightarrow$  the hallmark of HDV infection cure
- > Peg-IFN combination with TDF does not improve the EOT HDV response rates
- Long-term follow-up [mean time of follow-up was 8.9 (1.6 13.4) years] of HIDIT-1 study suggests that off-treatment HDV RNA response to PEG-IFNα leads to improved clinical long-term outcome.

# HBsAg kinetics in chronic hepatitis D during interferon therapy: on-treatment prediction of response

- 62 patients with CHD, treated with Peg-IFN, were considered: 14 patients cleared the HBsAg and HDV-RNA (responders, R), 12 cleared the HDV-RNA remaining positive for HBsAg (partial responders, PR) and 36 cleared neither the HBsAg nor the HDV-RNA (nonresponders, NR).
- The mean time from the EOT and the enrollment was 5 +/- 2.9 years



- ✓ HBsAg < 1000 IU/ml at month 6 discriminated R from PR/NR p<0.001</li>
- ✓ PR showed different HBsAg kinetics during treatment, with a trend to a further decline after the EOT

- > A reduction of serum HBsAg is mandatory for the definitive clearance of the HDV-RNA.
- Quantitative HBsAg may predict the long-term response to Peg-IFN therapy and provide a guide to prolong or stop treatment.

# Old and new targets for HDV infection control and CHD cure



#### To block *de novo* infection



To block cell division mediated spread

Zhang Z et al J Hep 2021

### Entry inhibitor - Bulevirtide: Phase 2/3 Clinical Trial Program



FDA, Food and Drug Administration; PegIFN, pegylated interferon; TDF, tenofovir disoproxil fumarate; US, United States.

References: ClinicalTrials.gov. Study MYR201 (NCT02637999). Study MYR202 (NCT03546621). Study MYR203 (NCT02888106). Study MYR204 (NCT03852433). Study MYR301 (NCT03852719).

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# **Buleviritide: Phase 2/3 Clinical Trial Program**

- > Interim (6 months of treatment) analysis of Phase 2b entry inhibitor ± Peg-IFN (**MYR 204**):
  - HDV-RNA decline  $\geq$  2 log in 72-92% of pts
  - ALT normalization in 24-64% of pts
- Interim (6 months of treatment) analysis of Phase 2b (MYR 301), entry inhibitor (2 or 10mg) monotherapy:
  - HDV-RNA decline  $\geq$  2 log in 55-68% of pts
  - ALT normalization in 53-38% of pts
  - Rapid ALT reduction and normalization were observed in >50% of patients in the entry inhibitor 2-mg arm after 24 weeks of treatment
- Plasma HDV-RNA decline correlates with intrahepatic decrease of HDV-RNA and HDAg in MYR 203 study
- Entry Inhibitor treatment was also associated with reduced expression of interferonstimulated genes and inflammatory chemokines and cytokines in MYR 203 study
- ➤ HBsAg response (≥ 1 log decline) 24 week after EOT in 13 to 40% of patients receiving entry inhibitor + Peg-IFN in MYR203



Arm B (01307): 2mg MyrB + PEG-IFNa HDAg; HE-stain

# Safety and Efficacy of 2 mg Bulevirtide in Chronic HBV/HDV Co-Infection: the French Early Access Program

- 145 adults with compensated cirrhosis or severe liver fibrosis (F3) or with F2 fibrosis with persistent ALT >2 x ULN for ≥6 mo (N = 145) were enrolled in a multicenter, observational study;
- 77 received entry inhibitor (2 mg) monotherapy and 68 entry inhibitor (2 mg) + Peg-IFN



Entry inhibitor monotherapy was associated with a slower HDV-RNA decline as compared to Combo therapy, as expected the opposite occurred for ALT

# Lonafarnib (LNF)

- LNF is an oral inhibitor of Farnesyl transferase, an enzyme involved in the modification of proteins through a process called prenylation
- Originally, LNF was developed as inhibitor of farnesylation of RAS proteins, that mediates oncogenic transformation of cells
- > Development abandoned due to low efficacy (evasion by oncogenic RAS)
- Prenylation of HDAg promotes its association with HBsAg and is essential for initiating the HDV particle formation process

Over 120 HDV patients have been treated in Phase 2 clinical studies evaluating the tolerability and efficacy of LNF, alone and in combinations with other agents, currently a Phase 3 clinical study is planned to enroll 400 pts.

**Dose dependent HDV-RNA decline** were observed in proof of concept studies: 2 log for 300 mg, 1.54 log for 200 mg and 0.73 for 100 mg at w 4  $\rightarrow$  but major GI side effects for higher doses

Addition of **Ritonavir** – an inhibitor of CYP3A4, the predominant mediator of Lonafarnib metabolism – achieves greater serum concentrations with less drug to the GI tract (LOWR-HDV studies 1 -4 --LOnafarnib With and without Ritonavir in HDV--)

#### Lonafarnib + RTV with or without PEG IFNalpha for HDV



- All-oral: Lonafarnib boosted with Ritonavir
  - 39% (7 of 18) patients ≥ 2 log decline or BLQ at Week 24
  - 60% patients normalized ALT at Week 24
- **Combination:** Lonafarnib boosted RTV+PEG IFN-alfa2a
  - 89% (8 of 9) patients ≥ 2 log decline or BLQ at Week 24
  - 78% patients normalized ALT at Week 24
- Safety: Predominant AEs for LNF were GI-related (mild/mod.)
- Combination of LNF+Peg-IFN achieves the greatest antiviral responses
- The antiviral response is observed early, during treatment, therefore repeated short (3 months) courses could be also attempted
- A sub analysis of the study suggests that LNF 50 mg + RTV 100 mg BID appeared to be a particularly effective option for patients with low baseline viral load, with a 100% (7/7) response.
- LNF+RTV treatment can result in post-treatment flares, evenutally resulting in viral RNA negativity and ALT normalization in selected patients

# **Chronic Hepatitis D**



To cure the infection/disease

To control the infection/disease

Additional factors influencing the treatment schedule:

- ✓ Extent of HDV replication
- ✓ Phase of HBV infection (HBeAg/anti-HBe status; HBV-DNA and HBsAg levels)



New, promising therapeutic options for Chronic Hepatitis D are being tested in clinical trials

However, only a better understanding of HBV and HDV interaction will foster more targeted therapetic approaches

A stratification of the patients according to the status of HDV/HBV interplay could foster a more personalized approach to Chronic Hepatitis D treatment and possibly the achievement of a higher therapeutic index