### INNOVAZIONE E RICERCA PER LA PRATICA CLINICA

XIII Workshop Mazionale

# TERAPIE INNOVATIVE DELLE EPATITI CRONICHE VIRALI E DELLE INFEZIONI VIRALI





#### Centro Congressi Hotel Londra

# ATTUALITA' NELLA GESTIONE DEL PAZIENTE CON HCV Il paziente con patologie extraepatiche

**Anna Linda Zignego** 



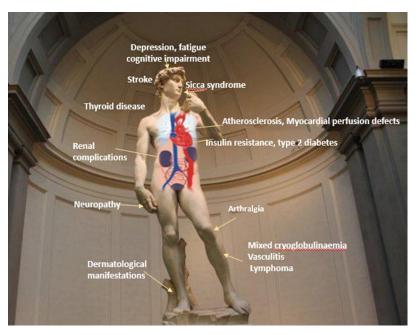


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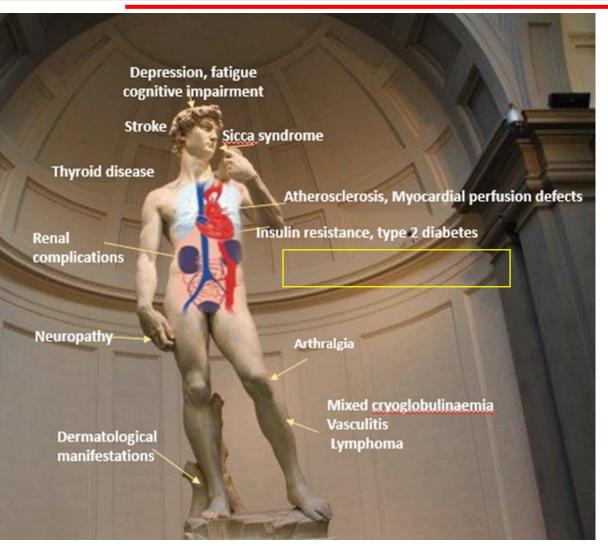


# Extrahepatic Manifestations of Chronic HCV Infection



- Among all viruses, hepatotropic and nonhepatotropic, HCV is recognized as the most often associated with extrahepatic manifestations that are present in up to 2/3 of pts (1)
- Unequivocal data support a causal relationship between HCV and some of these disorders, including MCS (CV), lymphoma, cardiovascular diseases, insulin resistance, and type 2 DM, all of which can substantially affect morbidity, mortality, and quality of life (1)
- MCS is a multifaceted disorder that mimics most HCV EHMs and HCV infection may trigger multiple pathogenetic alterations that are responsible for autoreactive, lymphoproliferative, and neoplastic disorders (2)
- The different HCV EHMs phenotypes may be the consequence of multistep and multifactorial pathogenetic processes. Both environmental and genetic factors may alter the disease progression from asymptomatic HCV infection to the most severe complications (2)

### **Type 2 Diabetes**



Increased incidence of type 2 DM among HCV patients (probably due to direct viral effects, insulin resistance, release of proinflammatory cytokines, and other immune mediated processes)

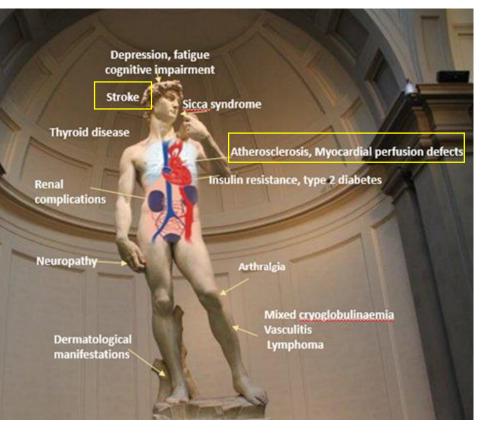
#### After AVT:

- -reduced incidence of complications of diabetes (acute coronary syndrome, ESRD, ischemic stroke, retinopathy)
- -significant improvement in glycemic control both in patients without DM (insulin resistance and insulin level) and in those with DM (blood glucose and glycated hemoglobin levels)
- -reduced incidence of DM, as compared with IFN-treated or untreated controls in patients treated with DAAs (21,279 nondiabetic HCV U.S. veterans database)
- -a reduced dose or discontinuation of oral hypoglycemic agents or insulin therapy has been reported:

Diabetic patients receiving DAAs should be closely monitored for reduction of antidiabetic drugs, to avoid hypoglycemic events.

Cacoub P et al GUT 2018, NEJM 2021; Zignego et al. Autoimmun Dis 2017; Valenti et al, Hepatol commun 2021; Cacciola et al, J Virol 2020; Takahashi et al, JGH Open. 2020; Adinolfi et al, Diabetes Obes Metab. 2020

### **Cardio/Cerebro-vascular Events**



- Available data justified the inclusion of HCV infection among the modifiable risk factors for cardiovascular disease (including stroke, myocardial infarction, coronary artery disease, peripheral arterial disease, myocarditis, and heart failure)
- A significant association between HCV infection and cardiovascular or cerebrovascular events after adjustment for cardiometabolic confounders was confirmed in a meta-analysis

#### After AVT:

The association between DAA therapy and a decrease in the rates of overall cardiovascular events or cerebrovascular and cardiac events was greater than the one observed using IFN-based therapy

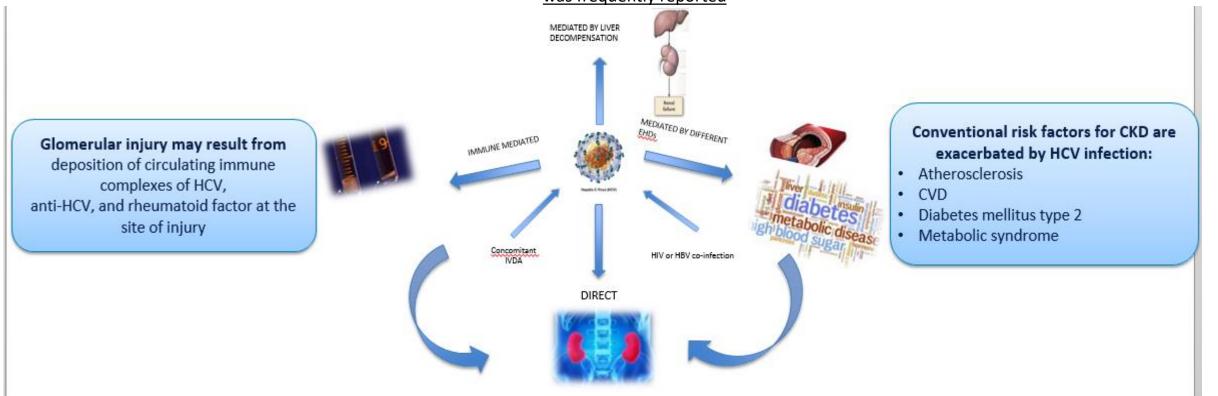
Ishizaka N, Lancet 2002; Ishizaka N, Circ J 2003, Boddi et al, Dig Liver Dis 2007 and J Clin Virol. 2010, Petta S, Gastroenterology 2016, Cacoub NEJM 2021, Zignego Autoimmun Dis 2017; Vassalle C, Hearth 2004; Lee MH, Stroke 2010; Lee MH, JID 2012; Guiltinam AM, J Epidemiol 2008; Hsu CS, et al. APT 2013; Petta S et al, Hepatology 2018; Butt et al, Gastroenterology 2019

## **Chronic Kidney Disease**



- HCV infection has been implicated as a modifiable risk factor for CKD (in a metaanalysis the estimated risk of CKD was increased by a factor of 1.2)
- HCV-associated renal involvement related to a type I membranoproliferative glomerulonephritis is frequently reported (with up to 55% of patients affected by CV); other forms include non-CV membranoproliferative glomerulonephritis, membranous nephropathy, tubulointerstitial injury

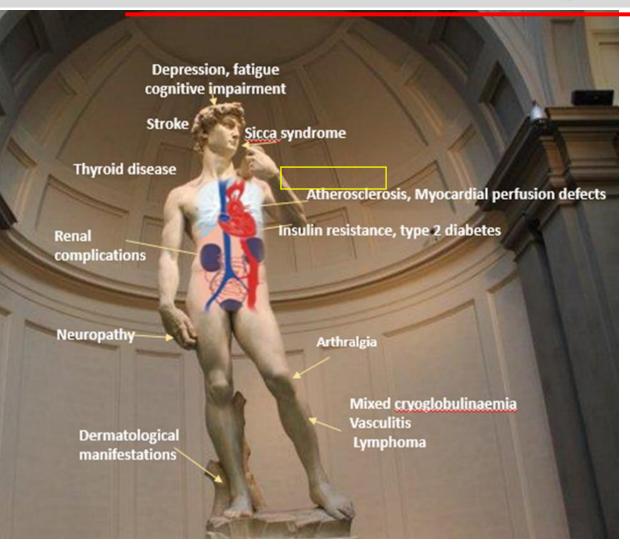
After DAAs a stabilization or GFR increase rather than a normalization of renal function was frequently reported



Zignego et al, Autoimmun Dis. 2017; Minutolo et al, J Nephrol and Dis Liver Dis 2018; Roccatello et al, Nat Rev Dis Primers. 2018

. 2014

# Sicca Syndrome (SS)



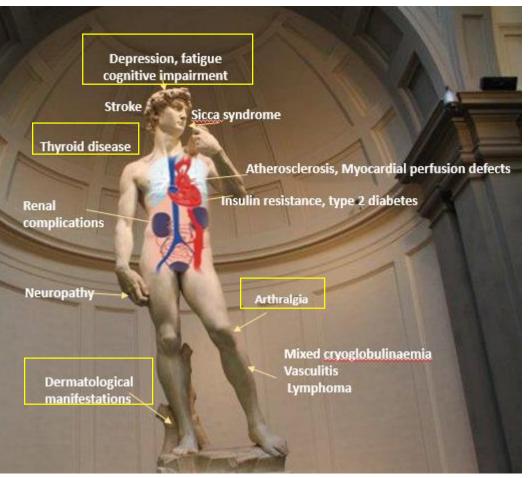
- SS symptoms have been reported in <u>20 to 30%</u> of patients with HCV infection, whereas less than 5% of patients with a defined Sjögren's syndrome (pSS) are HCV-positive (ie, <u>antibodies against Ro(SSA)</u>, <u>La(SSB)</u> neg)
- In a meta-analysis of 5 cross-sectional and 5 cohort studies, a significant positive relationship between HCV infection and development of SS was found, the pooled random effects OR being 3.31 (95% CI, 1.46-7.48; P < 0.001).

### SS and Viruses: a very interesting association

recent Identification of HDV in pSS patients and induction of a complete pSS-like phenotype further support a viral-mediated etiopathology of pSS

Wang et al, Microbiol Immunol 2014; Weller et al Pathog Immun 2016; Zignego et al Autoimmun Rev 2017; Cacoub et al, NEJM 2021

### **OTHER EHMs HCV**



**Autoreactivity**: the prevalence of autoantibodies is high, the most common being RF (in 70% of patients), followed by ANA (20 to 40%), anticardiolipin ab (15%), antithyroid ab (12%), and ASMA (7%).

**Arthralgia** (rarely with arthritis) and **myalgia** have frequently been reported in HCV patients, mostly in the context of CV (usually no evidence of joint destruction (RA-like) and anti–cyclic citrullinated peptide)

Autoimmune Hemolytic anemia and thrombocytopenia, dermatological manifestations (lichen planus and porphyria cutanea tarda), and hypothyroidism

**Neuropsychiatric manifestations**: high prevalence among HCV patients; proton magnetic resonance spectroscopic studies showed that HCV patients, even those without advanced liver disease, have altered cerebral metabolism

Wilkinson J et al. J Virol 2009 83(3): 1312–1319; Negro F et al, Gastroenterology 2015; 149(6):1345-60; Younossi Z et al, J Hepatol 2016; Gragnani et al, Aliment Pharmacol Ther. 2018;. Forton D et al., Lancet 2001;; Younossi Z et al, J Hepatol 2016; Cacoub P et al, Dig Liver Dis. 2014; 46 Suppl 5:S165-73. Negro F, et al. Gastroenterology 2015;149(6):1345-60; Lucaciu LA, Dumitrascu DL. Ann Gastroenterol 2015; 28(4):440-7

#### ORIGINAL ARTICLE



# Rapid improvement of psychiatric stigmata after IFN-free treatment in HCV patients with and without cryoglobulinemic vasculitis

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Laura Gragnani<sup>1</sup> • Serena Lorini<sup>1</sup> • Lorenzo Martini<sup>1</sup> • Cristina Stasi<sup>1</sup> • Marcella Visentini<sup>2</sup> • Luisa Petraccia<sup>1</sup> • Niccolò Marello<sup>1</sup> • Monica Monti<sup>1</sup> • Silvia Marri<sup>1</sup> • Francesco Madia<sup>1</sup> • Valdo Ricca<sup>3</sup> • Anna Linda Zignego<sup>1</sup>
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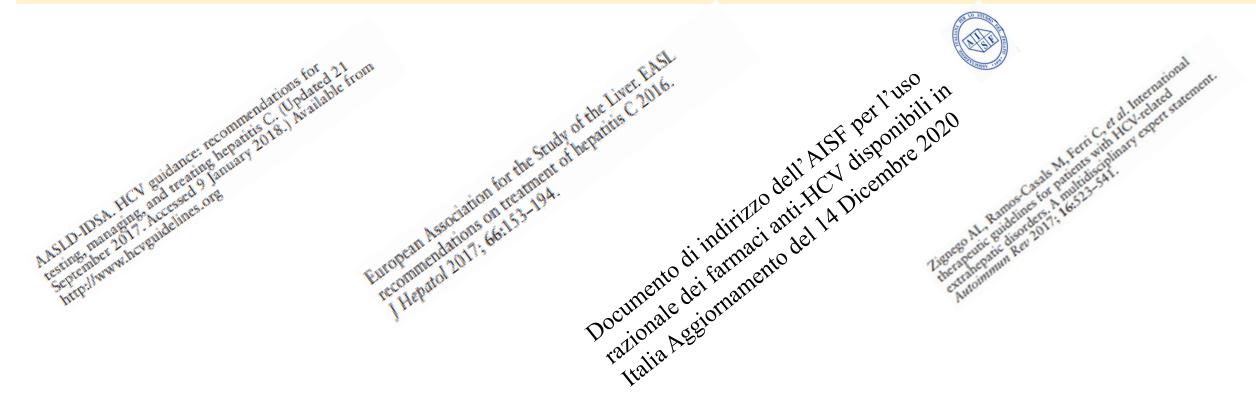
- HCV causes quality of life impairment and neuropsychiatric disorders, especially in patients with CV
- Limited information exists regarding the outcome of psychiatric disorders after DAAs
- 76 DAA-treated HCV-patients were prospectively studied using 4 psychometric scales to assess depression (HAM-D and MADRS), anxiety (HAM-A), and mania (MRS) as well as Short-Form-36 questionnaires evaluating quality of life
- At baseline, depression and anxiety, from mild to severe, were frequently shown, with the most advanced cases in CV group;
   no patients achieved the scores for mania
- A significant improvement emerged for all the psychometric scales in the entire population and in the subgroups, after viral eradication even in the short-term outcome. The Short-Form-36 summary components confirmed benefits

After HCV eradication, the depression and anxiety scores significantly improved and severity grade generally lowered DAA-positive effects on mental disorders should be considered part of the therapy outcome, being beneficial especially in CV patients who usually have worse baseline mental scores

### **National and International Recommandations**

DAA-base treatment should be initiated without delay for patients with EHMs HCV

Patients with CV were rated as the highest-priority patients to treat among patients with EHMs



### Post-SVR Follow-Up of EHMs HCV: Very limited indications

#### EASL recommendations on treatment of hepatitis C: Final update of the series\*

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### Post-treatment follow-up of patients who achieve an SVR

In patients without cirrhosis who achieve an SVR, the HCV infection can be considered as definitively cured. Patients with pre-existing cofactors for liver disease (notably, history of excessive alcohol drinking, obesity and/or type 2 diabetes) should be carefully and periodically subjected to a thorough clinical assessment, as needed.

Patients with advanced fibrosis (METAVIR score F3) and patients with cirrhosis (F4) who achieve an SVR should remain under surveillance for HCC every 6 months by ultrasound, and for oesophageal varices by endoscopy if varices were present at pre-treatment endoscopy (though first variceal bleed is seldom observed after SVR unless additional causes for ongoing liver damage are present and persist). In patients without varices at baseline, annual monitoring of platelet counts and transient elastography assessment allows for individualised monitoring with endoscopy. If platelet counts remain above 150,000 and elastography values <20 kPa, there is no need to perform endoscopy. The presence of cofactors for liver disease, such as

a history of alcohol drinking or a metabolic syndrome associated with obesity and/or type 2 diabetes, may make additional assessments necessary. Long-term post-SVR follow-up studies showed that the risk of developing HCC remains in patients with

cirrhosis who eliminate HCV, although it is significantly reduced compared to untreated patients or patients who did not achieve an SVR.<sup>6,9,10,12–17,250,378</sup> Thus, the duration of HCC surveillance in patients with advanced fibrosis or cirrhosis who achieve an SVR is indefinite.

# Sorveglianza Post-SVR: Pazienti con Fibrosi Assente, Lieve o Moderata



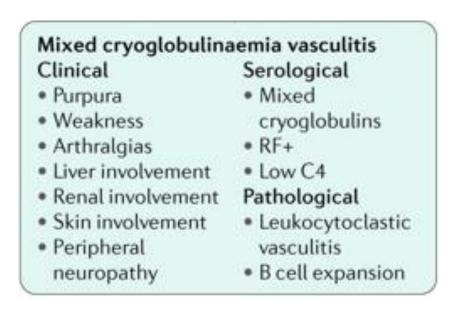
- I pazienti con fibrosi epatica assente o lieve-moderata e senza comorbidità al basale preterapia antivirale, a causa della bassissima probabilità di progressione della malattia epatica e di sviluppo di HCC, non hanno indicazioni a proseguire con il follow-up epatologico.
- I pazienti con fibrosi epatica assente o lieve-moderata al basale pre-terapia antivirale e che presentino comorbidità di danno epatico (es. sindrome metabolica, obesità, steatosi epatica, abuso alcolico, sovraccarico di ferro, autoimmunità, coinfezioni virali) rimangono a rischio di progressione della fibrosi. Si consiglia monitoraggio non invasivo della fibrosi epatica annuale tramite esecuzione di esami biochimici riguardanti la funzionalità epatica, del Fibroscan e di una ecografia addome superiore.
- I pazienti con manifestazioni extraepatiche da HCV (sindrome crioglobulinemica), indipendentemente dalla presenza di cofattori di danno epatico, necessitano di periodico controllo specialistico ambulatoriale.

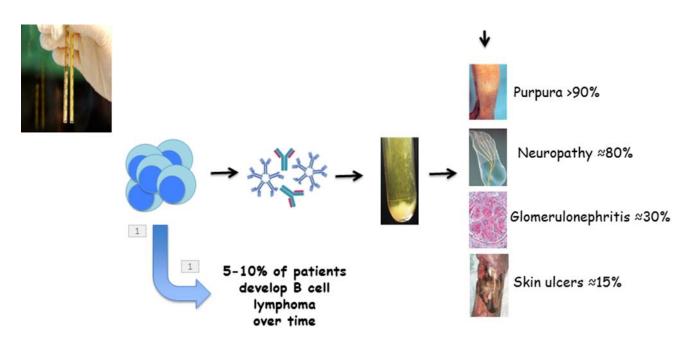
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http://www.webaisf.org/pubblicazioni/documento-aisf-hcv-2018.aspx

# Mixed Cryoglobulinemia-MC

- MC is an autoimmune/lymphoproliferative disorder
- HCV induces monoclonal expansion of B cells producing RF that forms these cryoprecipitable immune complexes
- Cryoglobulins can cause systemic vasculitis in the small/medium-sized vessels leading to the clinical manifestations of MC (CV)
- 40-60% of HCV+ patients harbor circulating cryoglobulins; 5-30% with MCS/CV manifestations





# Expert opinion on managing chronic HCV in patients with mixed cryoglobulinaemia vasculitis

Anna Linda Zignego¹, Jean-Michel Pawlotsky², Mark Bondin⁴, Patrice Cacoub⁵,6,7,8\* Antiviral Therapy 2018;

Proposed treatment algorithm for HCV-associated mixed cryoglobulinaemia vasculitis |

HCV cryoglobulinaemia vasculitis

### **BUT WHAT ABOUT POST-DAA FOLLOW-UP???**

 The management of patients with HCV-EHMs, mainly CV, is one of the residual challenges for the clinicians in this field

interferon-free antivirals

interferon-free antiviral

Management of HCV CV should be individualized according to the severity of CV:

- Patients with mild-moderate CV should be treated only with DAAs
- In severe cases, RTX should also be administered, with plasmapheresis if necessary
- CS may be used to help control of minor inflammatory symptoms, whereas other immunosuppressant should only be given in cases of refractary CV

### HEPATOLOGY AASLD



### A prospective study of DAA Effectiveness and Relapse Risk in HCV Cryoglobulinemic Vasculitis by the Italian PITER Cohort

Loreta A Kondili, Monica Monti, Maria Giovanna Quaranta, Laura Gragnani, Valentina Panetta, Giuseppina Brancaccio, Cesare Mazzaro, Marcello Persico, Mario Masarone, Ivan Gentile, Pietro Andreone, Salvatore Madonia, Elisa Biliotti, Roberto Filomia, Massimo Puoti, Anna Ludovica Fracanzani, Diletta Laccabue, Donatella Ieluzzi, Carmine Coppola, Maria Grazia Rumi, Antonio Benedetti, Gabriella Verucchi, Barbara Coco, Liliana Chemello, Andrea Iannone, Alessia Ciancio, Francesco Paolo Russo, Francesco Barbaro, Filomena Morisco, Luchino Chessa, Marco Massari, Pierluigi Blanc, Anna Linda Zignego 🔀

.Total PITER HCV+ patients: 11.871

.HCV+ patients evaluated: 3390 (28,5%)

.Cryoglobulinemic patients: 1255 (37%)

. with symptoms: CV 523/1255 (41,7%)

. asymptomatic: MC 732/1255 (58,3%)

Type III in 33%

Type II in 67%

Clinical response (FCR, CR, PR):

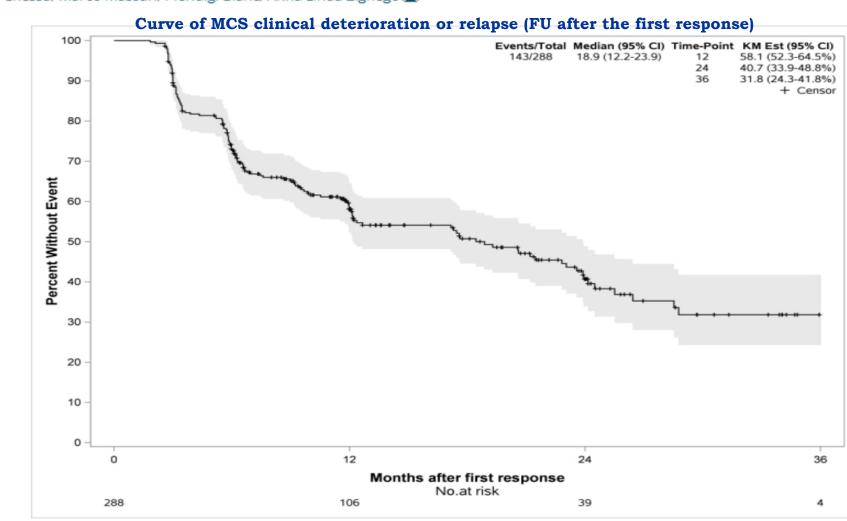
88% at one time of FU

FCR persistent only in 21.5%

Clinical relapse in 11% (transient in 70%)

NR in 12%

Symptoms that persisted more frequently: arthralgia (45%) fatigue (41%) neuropathy (38%) and sicca syndrome (37%)



# Flares of CV after Vaccination Against SARS-CoV-2

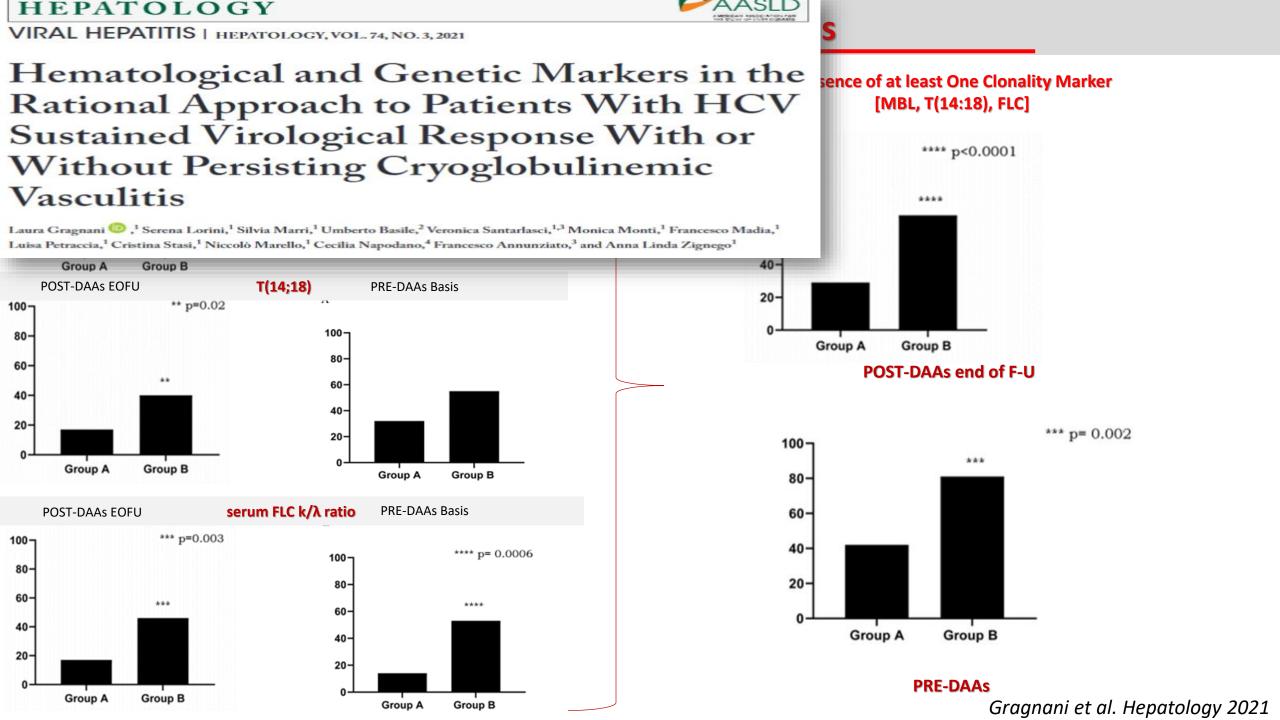
Visentini M, Gragnani L, Santini SA, Urraro T, Villa A, Monti M, Palladino A, Petraccia L, La Gualana F, Lorini S, Marri S, Madia F, Stefanini S, Basili S, Fiorilli M, Ferri C, Zignego AL, Casato M

- Flares in 6/63 (9.5%) CV patients: did not endanger patients and subsided spontaneously thus reassuring the safety of SARS-CoV-2 vaccination in patients with MC
- Anti-SARS-CoV-2 IgG responses: seronegative 11.6% RTX-free and 71% RTX treated patients (p=0.002)
- Seronegativity was more frequent (p=0.04) among patients with EMC than in SVR HCV-MC, suggesting lower immune dysregulation due to reversion of B cell abnormalities after clearance of infection

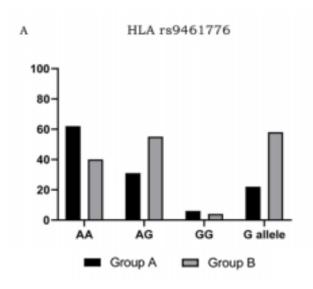
These observations encourage administering vaccine booster to patients with MC and postponing vaccination of RTX-treated patients after B cell repopulation

	Age		Last active symptoms and RTX before vaccination (months)					Symptoms
Patient	(years)/ sex	MC type	SVR (months)	Symptoms	RTX	Vaccine	Symptoms after first dose	after second ' dose
1	70/male	EMC	N/A	P (40)	N/T	AstraZeneca	Diffuse P (day 3)	Second dose refused
2	41/female	EMC	N/A	P (20)	20	Pfizer	None	Diffuse P (day 1)
3	76/female	EMC	N/A	P (27)	N/T	Pfizer	None	Diffuse P (day 5)
4	57/female	HCV-MC	67	PN (42)	N/T	Pfizer	None	Moderate P, PN (day 10)
5	66/female	HCV-MC	62	P, PN (48)	N/T	Pfizer	None	Moderate P, PN (day 7)
6	63/female	HCV-MC	30	P, PN (26)	N/T	Pfizer	None	Moderate P (day 7)



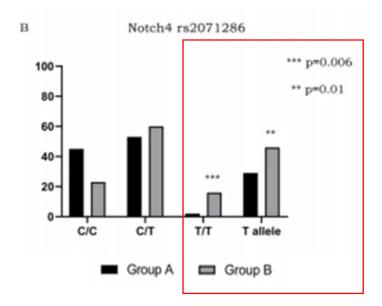


# **Genetic marker analysis**



### Distribution of polymorphic variant of the HLA class II rs9461776.

The heterozygous genotype A/G and **G minor allele** were more frequent in Group B than in Group A (respectively 56% vs 31% and 33% vs 22%). The homozygous minor genotype G/G showed similar frequency between the two groups (6% in Group A vs 4% in Group B)



### Distribution of polymorphic variant of the Notch4 rs2071286.

Significant association between rs2071286 SNPs and Group B patients with the dominant and recessive model of penetrance (C/C vs C/T+T/T for the dominant model of penetrance: p=0.04 OR=0.37, 95% CI:0,1434-0,9158; for the recessive model of penetrance: T/T vs C/T+C/C p=0.02 OR=9.33 95% CI: 1,099-79,28)

Homozygous haplotype T/T: 2% Group A vs 16% Group B p=0.006. T minor allele frequency: 29% Group A vs. 47% Group B (p=0.01 OR=2.17 95% CI=1.18-3.9)

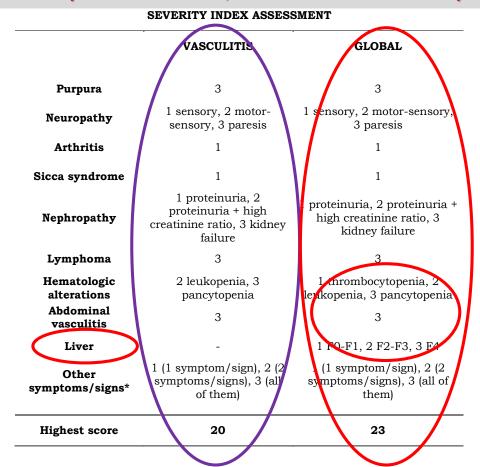
# Predictors of long-term cryoglobulinemic vasculitis outcomes after HCV eradication with direct-acting antivirals in the real-life

Laura Gragnani <sup>a</sup>, Serena Lorini <sup>a</sup>, Silvia Marri <sup>a</sup>, Caterina Vacchi <sup>b</sup>, Francesco Madia <sup>a</sup>, Monica Monti <sup>a</sup>, Clodoveo Ferri <sup>c, \*, 1</sup>, Anna Linda Zignego <sup>a, 1</sup>

Autoimmunity Reviews 21

- 109 consecutively CV patients treated with DAAs
- The mean post-therapy follow-up was 137 weeks (range: 72–290 weeks)
- At the EOFU, clinical and immunological response was available for 108/109 patients, all SVR, as follows: 17% FCR, 12% CR, 19% PR, and 52% NR

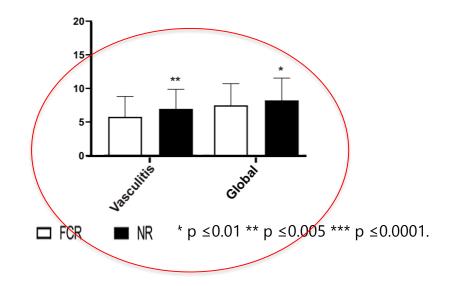
### The newly created scores, CV- and Global Severity Index

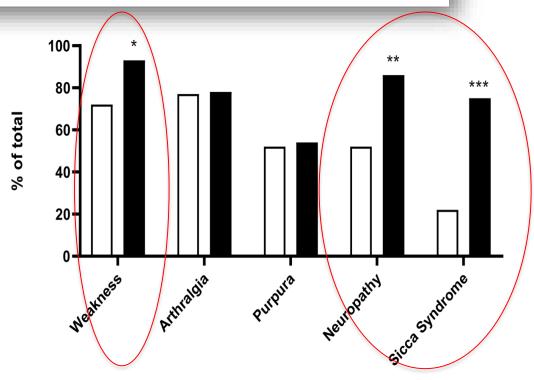


### Analysis on population stratified on the clinical response

- We proposed two novel indexes assessing the severity of CV, taking into account either the
  presence of only extrahepatic manifestations or both hepatic and extrahepatic HCV disorders.
- Interestingly, both Severity Indexes were correlated to the CV clinical response
- Together with some baseline symptoms (neuropathy, weakness and sicca syndrome), the two
  newly created scores, Vasculitis and Global Severity Index, emerged as reliable and standardized
  tools to predict CV outcome before antiviral therapy.

\*  $p \le 0.01$  \*\*  $p \le 0.005$  \*\*\*  $p \le 0.0001$ .





**VASCULITIS and GLOBAL SEVERITY INDEX** 

**BASELINE SYMPTOMS** 

# Factors associated with FCR (restitution ad integrum) without clinical deterioration or relapse



		Univariate ana	llysis	Multivariate analysis		
		N=369		N=278		
Variable		HR (CI 95%)	p value	HR (CI 95%)	p value	
Age (years)		0.96 (0.94-0.98)	<.0001	0.96 (0.94-0.99)	0.002	
Sex	Male	1				
	Female	0.42 (0.25-0.69)	0.001			
Purpura	No	1				
	Yes	0.32 (0.14-0.74)	0.008			
Asthenia	No	1				
	Yes	0.41 (0.25-0.68)	0.001	0.53 (0.26-1.10)	0.088	
Arthralgia	No	1				
	Yes	0.44 (0.27-0.72)	0.001			
Neuropathy	No	1				
	Yes	0.4 (0.23-0.69)	0.001	0.4 (0.18-0.87)	0.022	
Renal involvement	No	1				
	Yes	0.75 (0.37-1.53)	0.434			

		Univariate analysis	Multivariate ana	Multivariate analysis		
		N=369	N=369			
Variable		HR (CI 95%)	p value	HR (CI 95%)	p value	
Renal involvement	No	1				
	Yes	0.75 (0.37-1.53)	0.434			
Xerostomia/Xerophthalmia	No	1				
	Yes	0.6 (0.36-1.00)	0.051			
Raynaud	No	1				
	Yes	0.54 (0.25-1.19)	0.128			
Ulcers		1.04 (0.25-4.24)	0.960			
Pretreatment Cryocrit		0.81 (0.67-0.99)	0.041	0.81 (0.66-0.98)	0.03	
Pretreatment		1 (0.99-1)	0.202			
Rheumatoid Factor						
Pretreatment C4		1.2 (0.97-1.48)	0.090			



# Factors Associated with Clinical Deterioration/Relapse After Clinical Response in CV Patients\* (no. 288)



### HEPATOLOGY



Kondili et al, 2021

		Univariate analy	rsis	Multivariate analysis		
		N=288		N=94		
Variable		HR (CI 95%)	p value	HR (CI 95%)	p value	
Age (years)		1.01 (1.00-1.02)	0.178			
Sex	Male	1				
	Female	1.01 (0.71-1.44)	0.937			
Purpura	No	1				
	Yes	0.67 (0.45-1.01)	0.055	0.75 (0.41-1.37)	0.349	
Asthenia	No	1				
	Yes	1.08 (0.71-1.64)	0.730			
Arthralgia	No	1				
	Yes	0.89 (0.63-1.26)	0.507			
Neuropathy	No	1				
	Yes	1.34 (0.95-1.88)	0.092	1.38 (0.74-2.56)	0.313	
Renal involveme	ent No	1				
	Yes	0.91 (0.58-1.41)	0.672			

Univariate analysis			Multivariate analysis		
N=288			N=94		
HR (CI 95%)	p value		HR (CI 95%)	p value	
1					
41 (1.01-1.99)	0.047		0.84 (0.52-1.70)	0.841	
1					
1.87 (0.57-1.32)	0.512				
1					
1.43 (0.11-1.72)	0.232				
1.99 (0.94-1.03)	0.514				
1 (1.00-1.001)	0.017		1 (1.00-1.001)	0.021	
1.99 (0.89-1.09)	0.786				
1					
1.65 (0.29-1.48)	0.303				
	N=288 HR (CI 95%)  141 (1.01-1.99)  187 (0.57-1.32)  143 (0.11-1.72)99 (0.94-1.03)  1 (1.00-1.001)  1.99 (0.89-1.09)  1	N=288  HR (Cl 95%) p value  141 (1.01-1.99) 0.047  187 (0.57-1.32) 0.512  143 (0.11-1.72) 0.232  1.99 (0.94-1.03) 0.514  1 (1.00-1.001) 0.017	N=288  HR (Cl 95%) p value  141 (1.01-1.99) 0.047  1 1.87 (0.57-1.32) 0.512  1 1.43 (0.11-1.72) 0.232 1.99 (0.94-1.03) 0.514  1 (1.00-1.001) 0.017	N=288 p value HR (CI 95%)  1 .41 (1.01-1.99) 0.047 0.84 (0.52-1.70)  1 .87 (0.57-1.32) 0.512  1 .43 (0.11-1.72) 0.232 .99 (0.94-1.03) 0.514  1 (1.00-1.001) 0.017 1 (1.00-1.001)  1.99 (0.89-1.09) 0.786	

### HEPATOLOGY





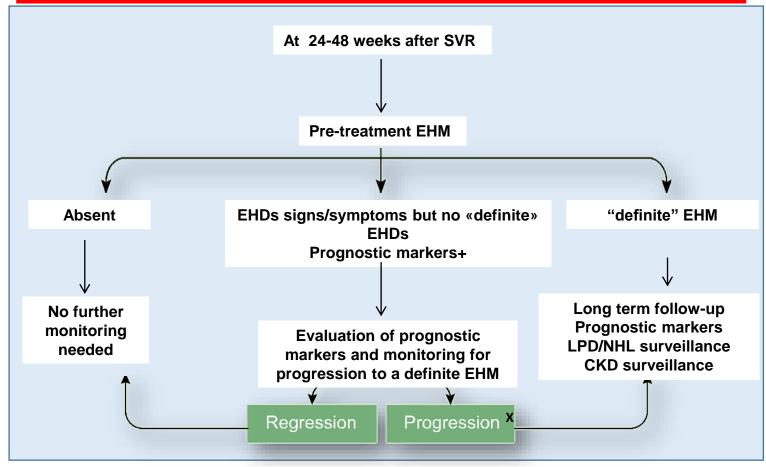
### **CONCLUSIONS**

In conclusion, the prospective analysis of DAA-treated cryoglobulinemic patients enrolled consecutively in a nationwide cohort, including the large majority of hepatological Italian centers, was able to:

- o -confirm that after SVR most CV patients reach a clinical response that increases over time
- -clearly show that the clinical response frequently fluctuates. Indeed, the clinical manifestation pattern may change over and reappear, either persistently or transiently
- -the combination of patients who maintain symptoms and those in whom symptoms reappear implies a careful patient assessment and post-HCV eradication monitoring

In this light, the accurate evaluation of both clinical and laboratory factors that represent prognostic indexes will aid in predicting different clinical evolutions. This will permit us to tailor the frequency and quality of follow-up appointments, as recommended for HCV-related liver damage which will assist in the selection of the best therapeutic approach following HCV eradication.

### **Taylored Post AVT Follow-Up of HCV-MC Patients**



\*Consider RTX treatment in persisting B-cell clonality

#### Prognostic Factors:

- Laboratory: Clonality Biomarkers (FLC k/Lambda ratio, T(14;18), MBL); Genetic Biomarkers (Notch4 polymorphism); high cryocrit; high RF values
- Demographical/Clinical: Age; Neuropathy; Weakness; SS; (CKD)
- CV and Global Severity Indexes